

LUNCH

SEPTEMBER 2024
Armstrong Elementary School



Available Daily:
Yo Go Bag
Peanut Butter Uncrustable Platter
Assorted Fresh Fruit Canned Fruit



Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day!
No School!

2

Week 3

Soft Shell Beef Taco 3

Cheese, Salsa, Lettuce
Mixed Vegetables
Texas Caviar & Fritos
Fresh Apple Slices/Juice
Fluffy Parfait

Alt: Warm Ham & Cheese on a Bun

Orange Chicken 4

Dinner Roll & Fluffy Rice
Buttery Broccoli
Rosy Pears
Tropical Fruit Cup

Alt: Warm Ham & Cheese on a Bun

Spaghetti & Meatballs 5

Cheese Filled Breadstick
Emerald Peas
Italian Salad & Dressing
Chilled Pineapple
Mixed Berry Cup

Alt: Warm Ham & Cheese on a Bun

Stuffed Crust Pizza 6

Buttery Corn
Texas Caviar/Corn Chips
Garden Salad & Dressing
Wild Cherry Frozen Cup
Golden Apple

Alt: Warm Ham & Cheese on a Bun

Week 4 **Rich's Crunchers** 9

Marinara Sauce
Tasty Tator Tots
Green Peas
Chilled Pineapple
Red Delicious Apple

Alt: Turkey & Cheese Croissant

Pancakes & Sausage 10

Yummy Yogurt
Maple Dip, Hash Brown
Fresh Veggie Tray & HVR
Fresh Strawberries

Assorted Juice

Alt: Turkey & Cheese Croissant

Sloppy Sloppy Joe 11

Nacho Chips & Cheese
Baked Beans
Garden Salad & Dressing
Banana Split

Juicy Peaches

Alt: Turkey & Cheese Croissant

Chicken Tender Wrap 12

Crinkle Cut Fries
Glazed Carrots
Fresh Fruit Cup
Assorted Juice

Alt: Turkey & Cheese Croissant

Amazing Macaroni & Cheese 13

Garlic Bread Stick
Seasoned Green Beans
Italian Salad w/Dressing
Cantaloupe Bites

Mandarin Orange Cup

Alt: Turkey & Cheese Croissant

Week 5 **Hot Turkey Sandwich** 16

Whipped Potatoes/Gravy
Mixed Vegetables
Chilled Applesauce
Fresh Fruit Cup

Alt: Cheeseburger on a Bun

Taco 2- sday 17

Two Crunchy Tacos
w/ Lettuce Cheese & Salsa
Southwest Salad/Dressing
Buttery Corn

Fresh Grapes/Juice

Cinnamon Goldfish

Alt: Cheeseburger on a Bun

Chicken Patty/WG Bun 18

Tasty Tator Tots
Fresh Vegetables & Hummus
Banana & Strawberry Glaze
Mandarin Orange Cup

Alt: Cheeseburger on a Bun

Pasta with Meat sauce 19

Cheese Filled Bread Stick
Tossed Salad with Italian Dressing
Green Beans
Mixed Fruit

Chilled Pineapple

Alt: Cheeseburger on a Bun

Toasted Cheese Sandwich 20

Tomato Soup & Goldfish Crackers
Carrots & Celery Sticks
Hummus Dip
Frozen Fruit Cup

Tropical Fruit Cup

Alt: Cheeseburger on a Bun

Week 6 **Wing Basket** 23

Boneless Chicken Wings
Fabulous French Fries
Baked Beans & WG Roll
Warm Apple Slices

Peach Cup

Alt: Ham & Cheese on Pretzel Bun

Wacky Walking Taco 24

Cheese, Salsa, Lettuce
Yellow Corn
Southwest Salad/Dressing
Chilled Pineapple / Juice

Fluffy Parfait

Alt: Ham & Cheese on Pretzel Bun

Italian Dunkers 25

Bread Sticks & Chicken Sticks
Dunker Sauce
Carrots, Celery HVR DIP
Mixed Vegetables

Cinnamon Bananas

Fruit Sorbet Cup

Alt: Ham & Cheese on Pretzel Bun

Twisted Chicken Alfredo 26

Dinner Roll
Parmesan Broccoli
Tossed Salad
Fresh Strawberry

Rosy Pears

Alt: Ham & Cheese on Pretzel Bun

Personal Pan Pizza 27

Green Beans
Crispy French Fries
Fresh Orange Wedges
Sweet Nectarine

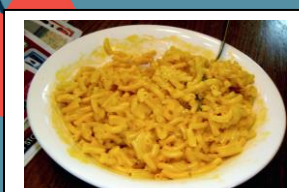
Alt: Ham & Cheese on Pretzel Bun

Week 1 **Crispy Chicken Tenders** 30

BBQ Dip & Cornbread Loaf
Broccoli & Cheese
Tossed Salad & Dressing
Wacky Watermelon Wedge

Cinnamon Applesauce

Alt: Home style Pizza



All Meals are Complimentary!

Earn while your children learn! Part time cafeteria positions now available! No nights, weekends or holidays! Call Human Resources office for details. (724)548-7200 or go to <https://www.asd.k12.pa.us> Menu is subject to change due to supply chain issues.

1% White Milk, Skim Milk and Chocolate Milk offered Daily.

